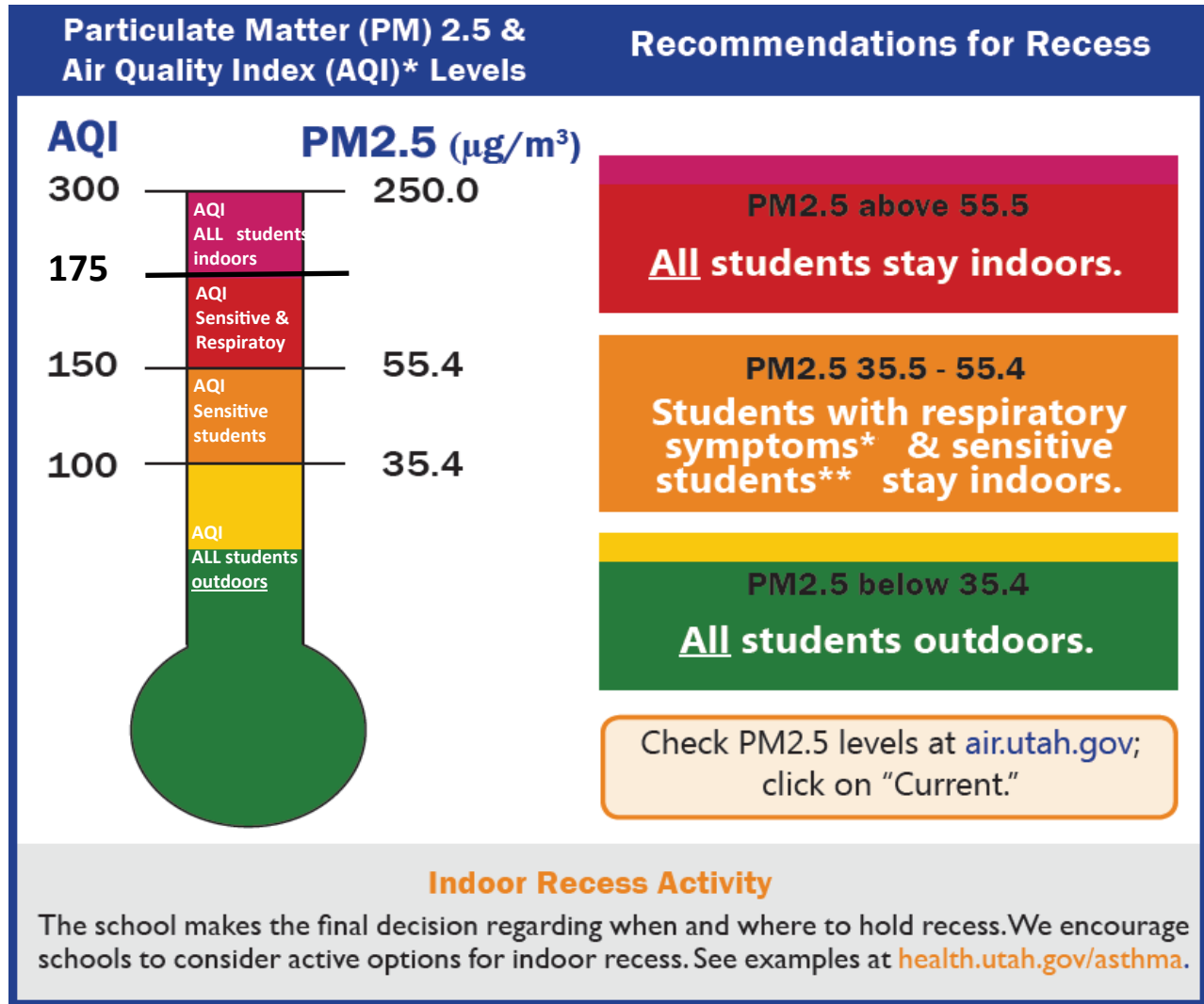


Recess Guidance for School

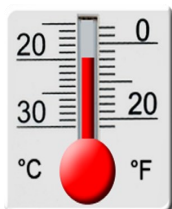
When to schedule indoor recess based on Air Quality/Temperature



*Respiratory symptoms may include coughing, wheezing, shortness of breath, and chest tightness.

**Sensitive students may include those with: asthma, cystic fibrosis, chronic lung disease, congenital heart disease, compromised immune systems, or other respiratory problems.

Parents, with the advice of their health care provider, should send a note to the school if they believe their child is part of a sensitive group who should have limited outdoor physical activity when the air quality is poor.



Wind Chill Temperature

- 15° F or below - ALL students stay indoors (per District Office)
- 15° - 20° F - Principal determines if there will be recess or other outdoor activities
- 20° F or below - School doors open at 8:30 am and students will wait quietly in the MP Room until school starts.

Air Quality: <http://air.utah.gov/>

Temperature: <https://weather.com/weather/today/>