

VIEWMONT ELEMENTARY



Positive Behavioral Interventions and Supports Plan 2022-2023

Viewmont Elementary is committed to the development of academic and practical skills so that students can become lifelong learners. To drive this mission, we have implemented a Positive Behavioral Interventions and Supports Plan.

A Positive Behavioral Interventions and Supports (PBIS) plan is a multi-tiered framework for organizing data, systems, and practices in a way that supports each and every student. At Viewmont Elementary, we believe that:

- All students deserve to be part of a safe, nurturing community.
- All students can be inspired and empowered to love learning.
- All students can develop the ability to persevere and be resilient.

Our PBIS plan is influenced by prevention science, in other words, the risk and protective factor model. Prevention science has determined that strengthening youth protective factors, such as school engagement and community involvement, may prevent problematic behaviors, such as substance abuse or violence (*National Prevention Science Coalition, 2019*).

Our PBIS plan begins with very simple behavioral standards, which we expect of all students, and a system of rewards for prosocial involvement. It continues through each level of intervention toward targeted intervention and support for students with more specific needs.

Data collection and team decision-making inform decisions regarding positive behavioral intervention and support, and we rely on the support of our district, the greater community, and, most importantly, students, parents and guardians.

Our PBIS plan is described below:

Tier One	Evidence
Eagle Expectations	<p>The foundation of a strong school-wide PBIS program is a very simple behavior motto. Viewmont’s Eagle Expectations are:</p> <ul style="list-style-type: none"> ● Be Respectful ● Be Responsible ● Be Safe ● <i>& Be Kind!</i> <p>A more detailed explanation of each behavior can be found in Viewmont’s school-wide behavior matrix. Students are instructed on these expectations at the beginning of each school year (and reviewed and reinforced throughout the year) by classroom teachers and the school social worker.</p>
Eagle Vision	<p>This year, Viewmont has launched Eagle Vision, a student-anchored school news program. Eagle Vision is a forum to reiterate behavior expectations and highlight student successes and school activities in a developmentally appropriate way. School engagement is a predictor of school success and is correlated with less youth risk (or antisocial behavior).</p>
Eagle Tickets	<p>Viewmont students are rewarded for demonstrating behavior expectations and kind actions towards others by receiving Eagle Tickets. These are given by faculty or staff and can be redeemed in their classrooms for prizes or “Eagle Experiences.” Prevention science suggests that students who receive rewards for prosocial behavior exhibit fewer risk factors.</p>
Eagle Experiences	<p>Eagle Experiences are optional activities, offered as rewards for prosocial behavior (respectful, responsible, safe & kind) for students who choose to purchase the activity using their Eagle Tickets. These experiences offer students further opportunities to interact with prosocial peers and adults, including the parents and high school volunteers who facilitate the activities. Eagle Experiences for the current school year include:</p> <ul style="list-style-type: none"> ● Volleyball/9 Square and Popsicles (September 26) ● Face Painting and Snow Cones (October 24) ● Hot Chocolate and Button-Making (November 28) ● Holiday Art Project (December 19) ● Shrinky Dinks and Tasty Treat (January 30)

	<ul style="list-style-type: none"> ● PJ, Movie, Popcorn, Candy (February 27) ● Rootbeer Float and Extra Recess (March 27) ● Basketball Clinic by MHS Coach (April 24)
<p>School Spirit Days</p>	<p>All Viewmont students and staff are invited to participate in monthly “School Spirit Days” in an effort to increase student engagement in school. The 2022-2023 School Spirit Days consist of the following crazy dress opportunities:</p> <ul style="list-style-type: none"> ● Backwards Day (September 21) ● Fashion Disaster (October 12) ● Jammie Day (November 9) ● Elf Invasion (December 14) ● Wacky Hat (January 11) ● 100th Day! (January 24) ● Crazy Socks (February 8) ● Throwback Day (March 8) ● Sports Apparel (April 12) ● Tacky Tourist (May 10) <p>Additionally, students are encouraged to wear Viewmont school colors or logos on Fridays, and they may receive extra “Eagle Tickets” if they are spotted wearing school colors or school shirts. These activities contribute to a student’ feeling of school connectedness and belonging. In addition, crazy dress days seem to contribute to positive teacher-student relationships.</p>
<p>Student of the Month</p>	<p>Students who embody the Viewmont Vision, Viewmont Eagles ASCEND, may receive a Student of the Month Award. ASCEND is an acronym for:</p> <p style="padding-left: 40px;"> Accountable Solution-Oriented Communicative Engaged Noble Driven </p> <p>Once a month, each teacher selects two to three students from their class to receive the Student of the Month award. This will allow an opportunity for almost the entire student body to be recognized. Students of the Month are highlighted on Eagle Vision and on a prominent school bulletin board. They also receive a tangible certificate of recognition.</p>
<p>Exemplary Eagles</p>	<p>Exemplary Eagles are students who have been selected as a student of the month more than once. The Exemplary</p>

	<p>Eagle award shows that it is important, and also recognizable, to continue striving to demonstrate the qualities of a Viewmont Eagle (Eagle's ASCEND!), even if a student has already been selected as a student of the month. Exemplary Eagles are invited to lunch and treats with the principal at the end of each school year.</p>
<p>Highly Qualified Teachers</p>	<p>Viewmont Elementary employs a diverse faculty of highly qualified teachers who offer an engaging curriculum, which is approved by elected board members and are aligned with State standards. Viewmont teachers receive ongoing professional development and have been trained in both equitable and trauma-informed practice. Viewmont teachers are skilled in scaffolding and differentiation to meet learners where they are.</p> <p>Additionally, Viewmont teachers and staff have a genuine interest in being around children. Each teacher and staff member are familiar with research to support this. In an article written by researchers Hammond Darling and Harvey Cook found that, “Relationships are the essential ingredient that catalyzes healthy development and learning” (Darling-Hammond & Cook-Harvey, 2018).</p>
<p>Peer Learning Communities (PLCs)</p>	<p>All teachers are part of a Professional Learning Community (PLC) and have received training on effectively participating in a PLC to affect student learning and growth. Dedicated weekly time is built into each teacher's schedule for PLC meetings. PLCs evaluate student learning data and plan strategies to help each student achieve learning targets.</p>
<p>Instructional Coach</p>	<p>Viewmont teachers are further supported by a highly qualified, full-time instructional coach who specializes using a data-driven framework to inform support for struggling students. Together with the principal, she assists teachers with instructional strategies, "data dives" and progress monitoring to help students reach academic goals.</p>
<p>Principal and Building Leadership Team</p>	<p>Viewmont's principal is dedicated to maintaining a positive school climate and to ensuring that students receive equitable access to supports. Together, the principal and the building leadership team assess the strengths and needs of the school with a commitment to the school's mission, developing “academic and practical</p>

	<p>skills so that students can become lifelong learners”</p> <p>Additionally, the principal has implemented a restorative justice model with which she responds to student violations of behavior expectations. Restorative practices in schools encourage students to be responsible and have been shown to enhance learning (McCluskey, et al., 2008).</p>
Student Support Team	Viewmont has a Student Support Team to whom teachers may refer students who are struggling (academically, behaviorally, socially, or with attendance). Through data collection, assessment, and collaboration with parents or guardians, various supports and interventions may be implemented to support the student. Viewmont's Student Support Team meets on Monday mornings.
School Social Worker	Viewmont Elementary has a full-time school social worker who assists on all levels of PBIS, including delivering evidence-based prevention education, facilitating behavioral health groups, offering short-term individual counseling and connecting families to supportive resources in the community.
Classroom-Based PBIS System	Each Viewmont classroom emphasizes the three school-wide behavior expectations, as well as more specific learning behaviors. In addition to Eagle Tickets, teachers offer creative awards to individual students and to their entire class. These awards may include the following: Student of the Day, extended Brain Breaks, or Preferred Activity Time/PAT. Some Viewmont teachers award the students points on ClassDojo, and they convert Eagle Tickets to Dojo points for the ease of purchasing prizes.
Restorative/Community Circles	Viewmont teachers have been trained in using restorative circles for building community or addressing problem behaviors. Restorative practices have shown positive effects on student behavior and school culture, as they contribute to cultural humility, a feeling of safety, and friendships (Ingram et al., 2016). Many teachers also implement a daily "Community Circle."
Parent Square	Communication between home and school has been shown to increase student engagement in school. Viewmont uses Parent Square as a tool for home & school communication. Parent Square offers families the

	ability to receive and respond to communication from the school or from their children's teachers through their phone, either text or email. Parent Square can translate messages into any language which is supported by Google Translate.
Second Step	Second Step is a state adopted and district approved, school-wide Social Emotional Learning program that is aimed at improving students' pro-social skills. At Viewmont, Second Step lessons are available to classroom teachers and the school counseling team.. Second Step has demonstrated positive effects on students' interpersonal and academic success and is part of a larger group of research on social emotional learning programs, which have shown decreased emotional distress, conduct disorder and substance abuse in students receiving the lessons (Low et al., 2015).
Red Ribbon Week	Viewmont Red Ribbon Week is hosted by our Parent Teacher Association and focuses on a combination school and family engagement as a protective factor against youth substance abuse. Red Ribbon Week, this year, focuses on family and school engagement, and features a contest, where a whole hall of the school is awarded a freeze dance party.
Spring Kindness Campaign	Student driven "Kindness Campaign," consisting of posters, an Eagle Vision PSA, and a kindness pledge, totally student-led and student-driven.
Prevent Child Abuse Utah	With parent/guardian consent, we use materials from Prevent Child Abuse Utah to instruct children on personal safety. These lessons will be given from trained facilitators from Prevent Child Abuse Utah on March 29th and 30th. Adverse childhood events can have implications on future behavior, but evidence suggests that school-based interventions can successfully address trauma and build youth resilience (Dudovitz & Chung, 2019).
Suicide Prevention Education	We also teach suicide prevention to our sixth grade students, using evidence-based curriculum approved by our school district. Suicide prevention education includes information, instruction and promotional materials from the Safe UT app/website.
Internet Safety	MCSD has moved to a new filter called Content Keeper -

	<p>CK Express to help provide greater levels of internet safety. Teachers are responsible for addressing and teaching Digital Citizenship and Internet Safety. The school also brings in outside resources throughout the year to support Internet Safety such as Net Positive (formerly NetSmartz). Assemblies and participation in White Ribbon Week. We are also able to refer families to the FBI Safe Online Searching (FBI SOS) program for more tools and resources.</p>
MindUp 4th Grade	<p>Our student advocate instructed our 4th grade students on brain development and behavior using the MindUp curriculum.</p>
Marvelous Me 4th Grade Group	<p>Our student advocate and school social worker facilitate a Monday Marvelous Me group for 4th grade students, who have met their learning targets for that day. Teachers select students who may attend, and these students work on their Marvelous Me book with the facilitators. Marvelous Me focuses on the student identifying their personal qualities, talents, and support group. The Marvelous Me group allows the 4th grade teachers the opportunity to re-teach students in the classroom who need more assistance to reach learning targets.</p>
Botvin Life Skills 5th Grade	<p>The Botvin Life Skills Training Program is deliberate prevention education, which we implement in our fifth grade classes. Our Botvin Life Skills lessons are taught by a police officer from our local police department. Botvin Life Skills has been researched for over 40 years and has demonstrated lasting results on substance abuse prevention among youth (https://www.lifeskillstraining.com/fact-sheet/). Botvin Life Skills is taught in the Fall at Viewmont.</p>
VOA Living Skills 6th Grade	<p>Viewmont Elementary has implemented "Living Skills" lessons in our 6th grade. Our Living Skills program is instructed by a trained facilitator from Volunteers of America's Prevention Education program (formerly Cornerstone Counseling). Living Skills covers topics such as self-concept, cooperation, and expressing feelings in healthy ways. Living Skills is taught in the Fall at Viewmont.</p>
Parent Teacher Conferences	<p>Parent Teacher Conferences are held twice a year, in the Fall and Spring, for two evenings each season. Research suggests that, regardless of family income or background,</p>

	<p>students whose parents are involved in their school are more likely to have higher grades and test scores, attend school regularly, have better social skills, show improved behavior, and adapt well to school (Henderson & Mapp, 2002).</p>
<p>Parent Teacher Association</p>	<p>Viewmont's Parent Teacher Association is an integral part of the PBIS program. Our PTA funds, organizes and provides prizes for Eagle Tickets and other student recognition; they plan and facilitate the Eagle Experiences, and they independently plan and arrange many other engaging opportunities for students to participate in school activities and earn recognition. These activities include the school:</p> <ul style="list-style-type: none"> ● Fun Run ● Reflections (Art and Writing) Contest ● Spelling Bee ● Science Fair ● Red Ribbon Week <p>PTA involvement is positively correlated to student performance in school (Cheung, 2009).</p>
<p>School-Sponsored After-School Programs</p>	<p>Viewmont sponsors several after-school programs throughout the school year, which are prosocial activities that students may participate in with parent consent. This year, these programs include:</p> <ul style="list-style-type: none"> ● School Choir ● School Musical ● Math Olympiads ● Debate <p>Opportunities for and rewards for involvement with prosocial peer and prosocial adults are correlated with a decrease in risky behaviors, indicated by youth protection surveys. Additionally, participation in the school choir and school musical can improve family relationships, where families are involved or attend.</p>
<p>Community Opportunities</p>	<p>Viewmont students have many opportunities to be part of our local community. Community involvement is a protective factor that is correlated with fewer risk factors, including suicide ideation (Armstrong & Manion, 2015). Students may find opportunities for community involvement through:</p> <ul style="list-style-type: none"> ● Murray Community Parks and Recreation ● Murray City Library ● Murray Boys and Girls Club

	<ul style="list-style-type: none"> ● Murray High School (Camps, Clinics, etc.) ● Boy Scouts and Girl Scouts <p>Additionally, Murray has various and diverse churches that welcome Viewmont families and provide additional support. “Religiosity” is a protective factor that is associated with fewer risk factors.</p>
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Tier 2	
Kidney Table Model of Intervention	Teachers use a kidney table model of intervention in class to re-teach concepts and help students achieve learning targets. School engagement and achievement is a protective factor that can mitigate many risk factors.
English Language Arts (ELA) and Math Support	Viewmont students receive additional reading, ELA, and math support, assigned according to student assessment data. Supportive instruction is given in small groups facilitated by trained paraprofessionals.
Classroom Behavior Supports	Many Viewmont teachers implement classroom mindfulness activities and classroom "Calm Corners." Additionally, students may be offered flexible seating, wiggle bands, and sensory or fidget items to support learning behavior.
Student Advocate / Check in Check Out	Viewmont has a part-time student advocate who serves students in crisis and carries a regular caseload of students, with whom she connects with before and after school every day.
Social Skills Groups	Our student advocate facilitates social skills groups for students who are referred by teachers or the student support team. This year, she has facilitated a fourth grade group using the Kimochi program and several friendship groups.

Tier 3	
Eagle Postcards	Eagle postcards are sent in the mail by teachers and staff members to recognize students for individual achievements, growth, or service. We have found that the

	<p>traditional postcard is an effective way to communicate with guardians who may not engage in electronic communication, and that the postcard also increases family rewards for prosocial involvement, when families additionally recognize their children for their success in school.</p>
Special Education	<p>Special education delivers the services of individualized education plans (IEPs), which meet the unique needs of students with disabilities. In addition to providing specialized instruction targeting academic needs, it may include the following services:</p> <ul style="list-style-type: none"> ● Speech and Language ● Educational Psychology ● Occupational Therapy ● Behavior Support ● Nursing
504 Accommodation Plan	<p>504 plans (stem from Section 504 of the Rehabilitation Act of 1973) are written accommodations to support students with disabilities who don't require the specialized instruction offered for students with IEPs. Viewmont Elementary engages in equitable practices to help all students develop academic and practical skills.</p>
English Learner Support (EL)	<p>EL reading support is offered for students who are learning in their second language. This may include weekly, individual reading intervention or progress monitoring. Several EL students also have support from an online language development program called “Imagine Learning.”</p>
Youth in Care (YIC) Mentor/ Check and Connect	<p>Our school has a YIC mentor (who we share with other schools) who mentors students using the Check and Connect model, which has been shown to increase youth protection and decrease risk (Check and Connect, 2022).</p>
Interpretation Service	<p>Murray City School District uses the Propio interpretation services, when a family has a need for interpretation that we can't support with our school and district staff.</p>
School-Based Therapist (Odyssey House)	<p>In partnership with Odyssey House, Viewmont Elementary provides office space for a licensed therapist to meet with students at school during the school day. Additionally, Murray City School District has allocated grant funding for students whose families are not able to fund this service through private or government-sponsored</p>

	insurance. Evidence suggests that when youth are provided appropriate treatment for trauma and mental health challenges, they are less likely to experience mental health disorders and substance abuse (<i>Adverse Childhood Experiences</i> , 2021).
Stress Busters (Youth Services) Prevention Education Group	Viewmont hosts "Stress Busters" for a small group of sixth grade students. Stress Busters is instructed by a trained facilitator from Youth Services and uses evidence-based curriculum that teaches strategies for preventing or managing depression and/or anxiety. Our Stress Busters group began on January 5th and runs for ten sessions on Thursdays from 1:40 to 3:00. A parent or guardian is expected to attend the last group meeting. Parent consent is required for participation in this program.
VOA Living Skills (Small Groups)	<p>Three Living Skills groups will be taught this year to indicated students in second through fifth grade. These groups focus on the following topics:</p> <ul style="list-style-type: none"> ● Cooperation ● Feelings ● Valuing Differences ● Problem Solving ● Healthy Friendships ● Managing Stress <p>Living Skills began on February 2nd and runs for ten sessions on Thursday afternoons at 12:30, 1:30 and 2:30. All effort is taken to avoid interrupting tier 2 reading groups and math instruction. Living Skills is instructed by a trained and experienced facilitator from Volunteers of America (formerly Cornerstone Counseling). Parent consent is required for participation in this program.</p>
Bully Prevention	In addition to Second Step, which includes universal bully prevention, Viewmont uses two tools to further instruct students on bully prevention, when needed. The Tough Kids Bully Blocker and Bullyology may be implemented as tier one, two or three interventions.
Restorative Justice Model	The school responds to student behavior violations in accordance with school board policy and using a restorative model.
School Resource Officer	Viewmont has access to a School Resource Officer (SRO) (in partnership with Murray City Police). Evidence suggests that students are more likely to feel safe in

	<p>school, when there are visible safety measures, and feeling safe in school is correlated with school engagement. Viewmont has previously measured student feelings of safety as part of the CAYCI survey and SHARP survey.</p>
KidsEat and Deseret Industries	<p>KidsEat is our community partner who provides weekend food bags to students-in-need, and Deseret Industries is our partner who provides clothing and household items to families, free of charge (based on limited grant funding). A "whole child" approach to education can improve school climate and student learning (Darling-Hammond & Cook-Harvey, 2018).</p>
Smart Smiles and EyeCare for Kids	<p>Smart Smilies is a school based oral health program that is now offered to Murray district students on school campuses. EyeCare for Kids offers affordable vision services for students-in-need. Serving the basic needs of students can help them engage in school and experience positive feelings toward the community.</p>
Holiday Donations	<p>Gifts were provided to children of 40 Viewmont families this year, through generous donations from the community. Community resources offered at schools gives schools the opportunity to improve school/parent relationships.</p>
Safe UT / SafeFam	<p>Safe UT and 1-800-SAFE-FAM are free, 24/7 crisis response teams that are offered by the community, particularly to help students and families through behavioral health challenges. Viewmont fifth and sixth graders are instructed on the use of Safe UT by the school social worker.</p>
211	<p>211 is a human resources helpline and website, which is supported by United Way of Utah. 211 can give students, families and faculty members information on health and human resources that can build youth protection or address youth risk factors.</p>
MeTime (Salt Lake County Youth Services)	<p>MeTime is an evidence-based, small group program instructed by a trained facilitator from Salt Lake County Youth Services. MeTime has shown lasting positive effects in regards to lowering youth feelings of depression following the six-week curriculum. Viewmont has access to MeTime for sixth grade students, if enough need presents itself.</p>

Additional Youth Services Programs	Additional Youth Services programs include free family workshops to promote healthy family interactions. These may be offered on a Murray district campus if enough need presents itself or, always, at the nearby Youth Services campus.
Collaboration with the Division of Child and Family Resources	Occasionally, outreach is needed to the Division of Child and Family Services to further support students with safety and wellness. They provide support for children and families who are experiencing abuse and/or neglect.