

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 SPRING BREAK	2 SPRING BREAK	3 SPRING BREAK	4 SPRING BREAK	5 SPRING BREAK
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8 *Chicken Rice Bowl *Turkey & Cheese Sandwich Veggie Fruit Milk	9 *Brunch for Lunch *Chef Salad Goldfish Crackers Veggie Fruit Milk	10 *Beefy Nachos *Italian Sub Veggie Fruit Milk	11 *Chicken Alfredo *All American Sandwich Veggie Fruit Milk	12 *Cheese Pizza *PB&J Sandwich Veggie Fruit Milk
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15 *Italian Dunkers w/Marinara *Ham Sandwich Veggie Fruit Milk	16 *Hamburger/Cheeseburger *Hot Dog Fries Veggie Fruit Milk	17 *Chicken Nugget Po Boy Sub *Corn Dog Veggie Fruit Milk	18 *Mac & Cheese *Chicken Patty Sandwich Veggie Fruit Milk	19 *Pepperoni Pizza *Turkey Sandwich Veggie Fruit Milk
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22 *Chicken Nuggets/Roll *PB&J Sandwich Veggie Fruit Milk	23 *Beef Tacos *Italian Sub Veggie Fruit Milk	24 *Hamburger/Cheeseburger *Hot Dog Fries Veggie Fruit Milk	25 **Italian Dunkers w/Marinara *Crispy Chicken Wrap Veggie Fruit Milk	26 *Sloppy Joe *Chicken Caesar Salad Veggie Fruit Milk
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29 *Hamburger/Cheeseburger *Bean & Cheese Burrito Veggie Fruit Milk	30 *Chicken Alfredo *Peppi Pizza Salad Veggie Fruit Milk		
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Mathematics Awareness Month

April is Mathematics and Statistics Awareness Month. Since the start of Mathematics Awareness Week back in 1986, the aim has been to increase the level of interest in the study of mathematics and increase the level of public understanding and appreciation for the wide range of applications for mathematics in fields as diverse as manufacturing, business and medicine. However, sometimes we overlook a daily activity that can help students not only advance their math skills but also establish

life skills. That activity is cooking. Cooking with recipes engages reading skills, comprehension and math. Recipes might include fractions, measuring and portioning—many of the basic skills students need to excel in math. Consider encouraging your child to select a few recipes he or she would like to make. Then, take some extra time to have fun and appreciate together the opportunity cooking brings to build a greater understanding and appreciation for mathematics.



Sodexo is committed to promoting healthier food choices and encourages students and families to use the USDA MyPlate to build healthy and balanced meals.

liftoffsplayground.com

BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
*Pancake Stick *Cereal & Toast Fruit Milk	*Fruitel *Cereal & Toast Fruit Milk	*Waffle *Cereal & Toast Fruit Milk	*Pancakes *Cereal & Toast Fruit Milk	*Muffin *Cereal & Toast Fruit Milk
*Donuts *Cereal & Toast Fruit Milk	*Egg & Cheese Quesadilla *Cereal & Toast Fruit Milk	*Sausage Cheese Biscuit *Cereal & Toast Fruit Milk	*Bagler *Cereal & Toast Fruit Milk	*French Toast & Eggs *Cereal & Toast Fruit Milk
*Waffles & Eggs *Cereal & Grahams Fruit Milk	*Donuts *Cereal & Toast Fruit Milk	*Potato Ham Breakfast Bowl *Cereal & Toast Fruit Milk	*Hot Oatmeal Bar *Cereal & Toast Fruit Milk	*Cinnamon Roll *Cereal & Toast Fruit Milk
*Yogurt *Cereal & Toast Fruit Milk	*Waffles *Cereal & Toast Fruit Milk			

Fresh Pick Recipe

STRAWBERRY SALSA WITH BAKED CORN CHIPS

- ¼ c Red onion (small dice)
- 1 Jalapeno pepper (minced)
- 1 Yellow bell pepper (medium dice)
- 1 Green pepper (medium dice)
- 1/2 Cucumber (medium dice)
- 1 Pint Strawberries (large dice)
- 1/2 c Pineapple (medium dice)
- 1/2 C Cilantro leaves
- 1/2 c Orange juice
- 2 T Lime juice
- 2 T Extra virgin olive oil
- Salt and pepper to taste
- Baked tortilla chips/scoops

1. Prepare all ingredients as directed.
2. In medium bowl mix all of the ingredients except for the chips.
3. Serve the salsa with the chips on the side.

Meal Prices for March

17 Days

Month Totals

Full Pay Breakfast \$22.10 Reduced Pay Breakfast \$5.10
Full Pay Lunch \$32.30 Reduced Pay Lunch \$6.80

freshpick
for better health



Nutrition Information is available upon request.